





May/June 2023
Oak Valley Elementary
Jonata Middle School



Monday	Tuesday	Wednesday	Thursday	Friday
BREAKFAST				
FREE FOR ALL STUDENTS				
Whole grain breakfasts, served with fruit, juice, and 1% or Fat-Free milk				
MUST take 3 items - MUST take AT LEAST 1/2 cup of Fruit - MAY take up to 2 different fruits - MAY take 1 Fat-Free or 1% milk				
Cereal and Fresh Fruit	Minni Cinnis and Fresh Fruit	Whole Grain Muffin and Fresh Fruit	Bagel w/Strawberry Cream Cheese and Fresh Fruit	Cereal and Fresh Fruit
LUNCH				
FREE FOR ALL STUDENTS				
We offer 5 components at lunch: Meat/Meat Alt, Grain, Fruit, Vegetables, and Milk				
Must take 3 components, a fruit or vegetable must be one of the 3 components.				
5/1	5/2	5/3	5/4	5/5
Chicken Pasta Parmesan	Pepperoni Pizza	Cheesy Breadsticks w/ Marinara	BBQ Beef Rib Sandwich	Chicken Drumstick Mashed Potato and Roll
5/8	5/9	5/10	5/11	5/12
Teriyaki Chicken & Rice w/ Cookie	Bean and Cheese Burrito	Pasta with Meat Sauce	Turkey Taco Nada	Nachos
5/15	5/16	5/17	5/18	5/19
Chicken Pasta Parmesan	Pepperoni Pizza	Cheesy Breadsticks w/ Marinara	BBQ Beef Rib Sandwich	Chicken Drumstick Mashed Potato and Roll
5/22	5/23	5/24	5/25	5/26
Teriyaki Chicken & Rice w/ Cookie	Bean and Cheese Burrito	Pasta with Meat Sauce	Turkey Taco Nada	Corn Dog
5/29	5/30	5/31	6/1	6/2
 MEMORIAL DAY SCHOOL CLOSED.	Pepperoni Pizza	Cheesy Breadsticks w/ Marinara	BBQ Beef Rib Sandwich	Chicken Drumstick Mashed Potato and Roll
6/5	6/6	6/7	6/8	 Summer BREAK
Teriyaki Chicken & Rice w/ Cookie	Bean and Cheese Burrito	Pasta with Meat Sauce	Peanut Butter and Grape Jelly w/ String Cheese	
Menu is subject to change without notice. This institution is an equal opportunity provider.				